



People
Serving
People

Group Offsite Volunteer Opportunities

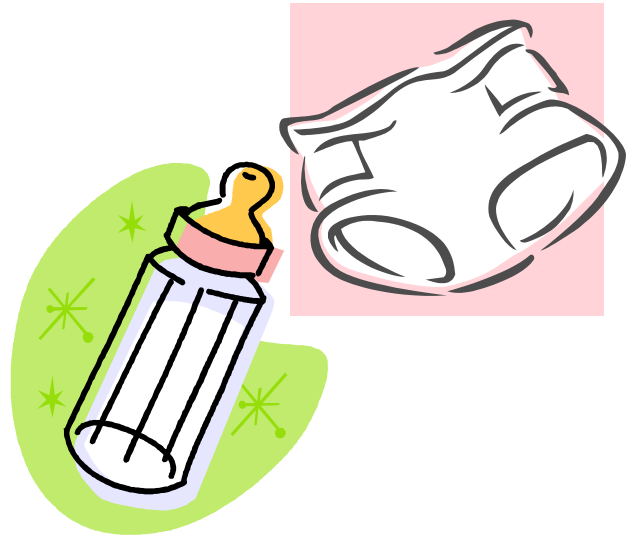
Enclosed is a list of volunteer projects you can complete at home with your family or at work with your colleagues. Please contact, Tom Golembeck, Volunteer & Development Associate, at **tgolembeck@peopleservingpeople.org** or **612.277.0216** to arrange a drop-off the donations.

Please feel free to send photos of your project to Tom for inclusion in our newsletter and social media outreach.

These donation items are needed year round. We also have some seasonal options. Please contact Tom about school supplies, winter clothing and other seasonal needs.

Diaper & Formula Drive

People Serving People spends about \$21,000 annually (\$1,700 each month) to provide diapers and nutritious meals for infants and toddlers. Our staff and volunteers distribute about 24 canisters of formula each week and 16,950 diapers per month.



ITEMS NEEDED

DIAPERS

Sizes 4, 5, 6 and pull-ups*

FORMULA

Similac Advance

Formula must be at least two months prior to the expiration date.

*People Serving People does not accept cloth diapers.



Potty Training Kit

Potty Training can be stressful for the parents as well as the child. With these “potty training kits”, we can equip parents with the right tools to help make this transition go as smooth as possible.



ITEMS NEEDED

1– Potty seat that can go on a regular toilet

5– Pull-ups (see sizing information below)

5– Pack of underwear (see sizing information below)

1 Potty book

(POTTY by Leslie Patricelli, A Potty For Me! by Karen Katz, Everyone Poops by Taro Gomi, Once Upon A Potty by Alona Frankel, Where's the Poop? by Julie Markes)

DIRECTIONS

1. Place all items in a reusable bag/tote

2. We need the following sizes:

Boys– 2T/3T and 3T/4T | Girls 2T/3T and 3T/4T | Gender Neutral 2T/3T and 3T/4T

3. Label each bag with a note card that includes which size and gender items are in the bag and on the other side write a one line positive affirmation to the child. Examples: “Way to go!” “Good Luck with Potty Training!” “You’re a big kid now!” “You can do it!”



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Activity Kit

Parents staying at People Serving People can access many services right in the building. For many parents, it is necessary to bring their children to appointments. Activity packs can help keep children occupied while parents handle important business. Please help us support parents so they can access the services they need to obtain housing and employment.



ITEMS NEEDED

Option 1

- 8 Pack of crayons**
- 1 Coloring book or activity book**
- 1 Pack of stickers**

Option 2

- 1 Melissa & Doug Water WOW! Coloring Book & Pen**
- 1 Pack of stickers**

Choose option 1 or 2 and place all of these items in a small bag. Include a note of encouragement.



Tie Blankets

People Serving People provides blankets to families as part of a move-out basket when they find housing in the community. Please consider hosting a blanket making party at your home or workplace to help formerly homeless families settle into their new homes.



DIRECTIONS

1. **Select your fleece blankets.** Use two different fleece patterns, two solid patterns, or two patterned fleece.
2. **Purchase anywhere from 1.5 to 3 yards of each fleece.** 1.5 yards makes a throw size, 2.5-3 yards makes a nice twin size blanket.
3. **Spread out the material.** Spread it out so that the softer or more brightly colored sides face out.
4. **Cut out a rectangle from both corners with a pair of scissors.** Use a card that has been cut to 3" X 5"
5. **Start cutting strips.** Cut strips of approximately 1 inch from each corner down the end and the sides for as long as the material lies flat.
6. **Tie the corner strips together.** Using a simple knot, attach the bottom layer to the top layer.
7. **Tie the strips down each side for the length of the blanket .**



Book Drive

People Serving People distributes free books onsite through our book nooks and Reading Partners program. Our main goals are to encourage parents to read to young children and to cultivate a life-long habit of reading among teens. Please consider donating new or gently used books your children no longer need or organizing a book drive at your workplace. Please include multi-cultural books for all ages.



ITEMS NEEDED

Baby board books & picture books

Elementary picture books & leveled readers

Middle & High School chapter books

Adult Fiction/Novel

All books should be new or gently used.



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Pregnancy Snack Pack

People Serving People offers 3 healthy meals to families in shelter, but often our Pregnant Mothers need a snack between meals. Please help us provide healthy pregnancy snacks and juice to expecting mothers in between the meals.



ITEMS NEEDED

Juice box (apple or grape juice preferred)

Poptart, granola or snack bar

Please place all items in a ziplock bag and include a note of encouragement.



1st Day of Work

When guests at People Serving People obtain employment, the Employment Advocates help them to prepare for their new position. We help them obtain uniforms, transportation and childcare. Please help us make their first day at work less stressful by providing a day's transportation, a snack, and a free lunch.



ITEMS NEEDED

\$7 Subway gift card

Granola or snack bar

24-Hour Pass for Metro Transit

Please place all items in a ziplock bag and include a note of encouragement.



Ready for Work

After assisting with job applications, the Employment Advocates at People Serving People help parents prepare for interviews. We provide professional clothing, interview advice and tokens. Please help us provide parents with all they need to make a great first impression at their job interview.



ITEMS NEEDED

Padfolio that fits 8.5" X 11" notepad

8.5" X 11" Notepad for padfolio

Planner

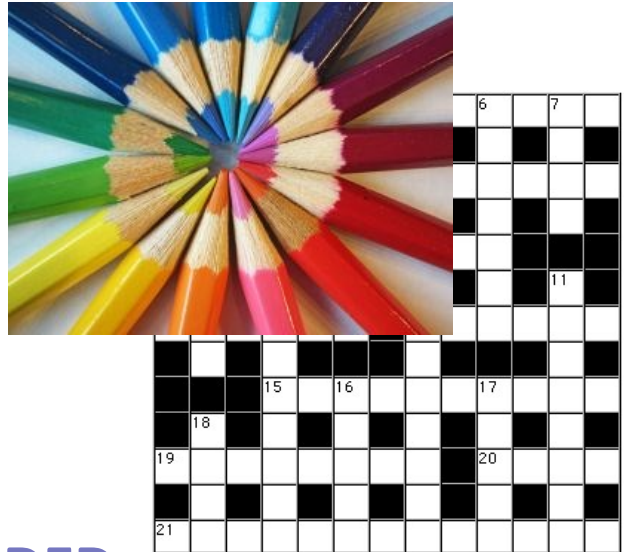
2- Pens

Please place all items in a bag. Include a note of encouragement.



Parent De-Stress Kit—Books

Trying to raise little ones while searching for a home and employment takes a lot of energy. Please provide a simple de-stress kit to help a parent enjoy moments of relaxation through exercising their creativity.



ITEMS NEEDED

Crossword book

Sudoku book

Coloring book for adults

Sketch pad

Pencil OR Colored pencils

Stress ball

Please place 1 book, 1 pencil/colored pencils, and a stress ball in a small gift bag and label "Parent De-Stress Kit-Books". Include a note of encouragement.



Parent De-Stress Kit—Relaxation

It is highly stressful to experience homelessness, especially if you are the caretaker of young children. Please help us provide de-stress kits as a special gift for those attending our Parenting Group.



ITEMS NEEDED

Option 1

Handheld back massager
Specialty soaps/body wash
Luffa
Book of affirmation

Option 2

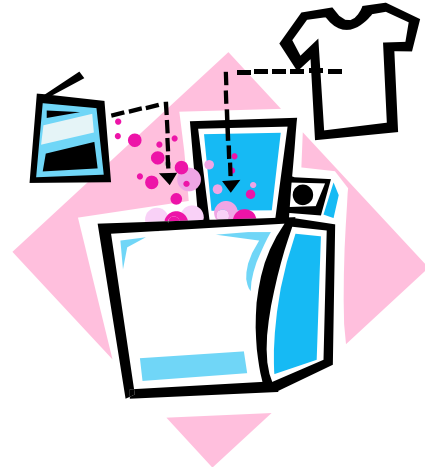
Handheld back massager
Nail Polish & remover
Cotton balls
Book of affirmation

Please choose option 1 or 2 items and place in a small gift bag and label "Parent De-Stress Kit-Relaxation". Include a note of encouragement.



Laundry Detergent

People Serving People offers a free laundry room and distributes detergent to families at our front desk. Please help us provide the supplies homeless parents need to clean their children's clothing.



ITEMS NEEDED

Powder Detergent

Separate into single load portions into snack-sized resealable plastic bags

Liquid Detergent

Separate into three oz. single load portion cups with lids

We accept powder or liquid detergent and can provide cups and lids if needed.



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Healthy Cookbook/Recipes

Our shelter offers Health & Wellness groups to encourage families to eat healthier and lead more active lives. Please support this effort by donating cookbooks and the items needed to prepare one of the recipes.



ITEMS NEEDED

10 cookbooks with healthy recipes

(This can be an actual cookbook or something you create.)

